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Is Your Horse Reaching His Full Potential?



Is Your Horse as Healthy as He Can Be?

Use temperament typing to design individualized feeding and management programs.

Select Your Horse Type Based on the Description

If you can not figure out your horses type, click on the Typing Consultant in the top menu and email the consultant of your choice to confirm your horses type.



Fire Horse

Motto: "Look at me!"

Typical Traits: Friendly, sensitive, affectionate, eager to please, pretty, fine-boned.

When Not Balanced: Anxious, over-reactive, nervous.

[Learn More](#)



Earth Horse

Motto: "Let's be a team!"

Typical Traits: Easygoing, willing, great with kids, easy-keeper, stocky build.

When Not Balanced: Lazy, grouchy, apathetic.

[Learn More](#)



Metal Horse

Motto: "What's my job?"
Typical Traits: Hard working, consistent, dependable, tough, aloof.
When Not Balanced: Rigid, shut down, unresponsive.

[Learn More](#)



Water Horse

Motto: "Can I trust you?"
Typical Traits: Highly sensitive, strong-willed, athletic.
When Not Balanced: Fearful, needy, physically weak.

[Learn More](#)



Wood Horse

Motto: "I will win!"

Typical Traits: Strong-willed, competitive, athletic, powerful.

When Not Balanced: Pushy and aggressive or apathetic and depressed.

[Learn More](#)



Learn How to Type Horses

Join our self-paced online class and learn how to type a horse and make it easier to get it right.

It is open to anyone interested in learning more about the horse typing.

[Learn More](#)

Is your horse the perfect match for you and his job?

If you are a horse lover, you have probably experienced the pain and frustration of finding "the perfect horse", only to discover later that the two of you are a poor match. This approach looks at horses in a whole new way. Just as with humans, these wonderful creatures have different constitutions and personalities that can be defined and evaluated.

Using Traditional Chinese Medicine as her model, Dr. Ward has developed 5 basic types and 6 combo horse types and temperaments. She describes the personality as well as the best training, occupation, diet, and management approach for each. After experiencing years of frustration with her own poor equine matches and watching hundreds of clients in similar situations, Dr. Ward has dedicated herself to creating a practical approach to creating a stronger partnership with your horse.

Our goal is to empower you to recognize your most fitting equine companion - or learn how better to work, live, and play with the horse you already care for. She hopes this will be a significant step toward helping you to understand your horse better and realize your lifelong equestrian dreams.

Our horses give us so much, now you can give them what they need. Find the right balancing formula to help him be happy & healthy. Click on each panel above to learn more about the temperaments and discover which one your horse might be.



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Disclaimer: These products are meant to aid in balancing and supporting health, they are not formulated to resolve a disease state in the horse.